

Quizam Media Corporation

Suite 401, PO Box 1052
885 West Georgia St.
Vancouver, BC V6C 3E8

Quizam Grants Options to Directors, Employees and Consultants

TSX.V Trading Symbol: **QQ** Telephone: (604) 683-0020

Email: info@ontrackTV.com

www.ontrackTV.com Facsimile: (604) 683-0045

March 6th, 2014 Vancouver, BC – Quizam Media Corporation (“the Company”) (TSX-V: QQ) announces that it has granted incentive stock options to purchase a total of 1,700,000 shares of the Company’s capital stock to its directors, employees and consultants.

These options will have a 24 month term, exercisable up to March 6th, 2016 at an exercise price of \$0.15 per share.

All stock options and any shares issued on the exercise of stock options will be subject to a four month hold period expiring July 6th, 2014

Russ Rossi, President of Quizam, commented, “It’s important to keep our TEAM motivated as ontrackTV gains global momentum.”

The stock options are subject to the terms of the Company’s stock option plan and regulatory approval.

About ontrackTV.com

ontrackTV is a wholly owned subsidiary of QUIZAM Media Corporation. ontrackTV uses high quality video and live instructors to deliver computer training online. Easy to follow lessons are structured into a library of hundreds of bite size, task led tutorials that support individuals with the training they need wherever and whenever they need it.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. This news release may contain forward-looking statements including but not limited to comments regarding the timing and nature of potential acquisitions, joint ventures, partnerships, business dealings and financings, etc. Forward-looking statements address future events and conditions and therefore, involve inherent risks and uncertainties. Actual results may differ materially from those currently anticipated in such statements. Readers are cautioned not to place undue reliance on the forward-looking statements made in this Press Release.